

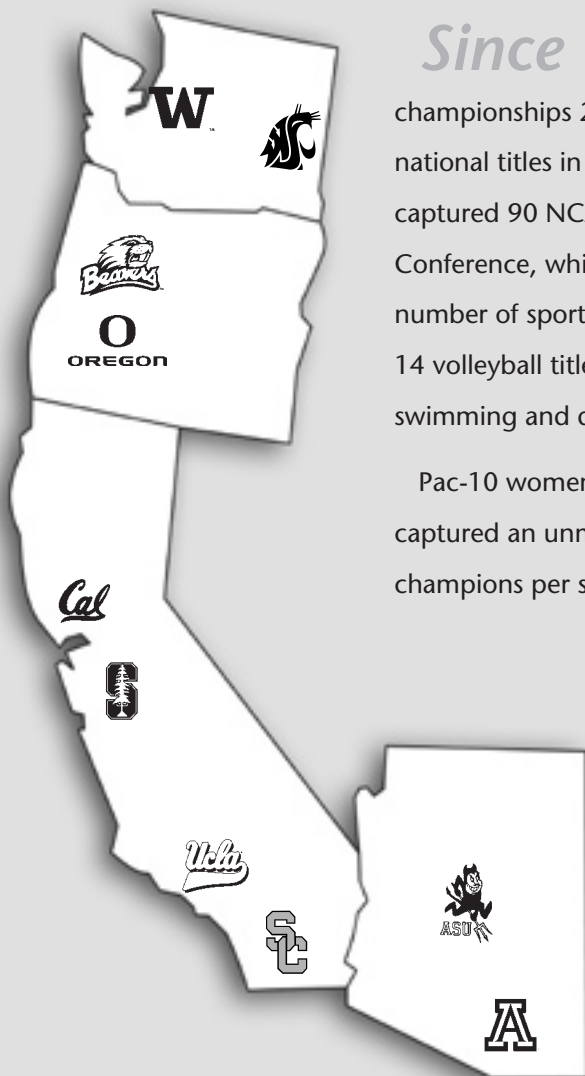
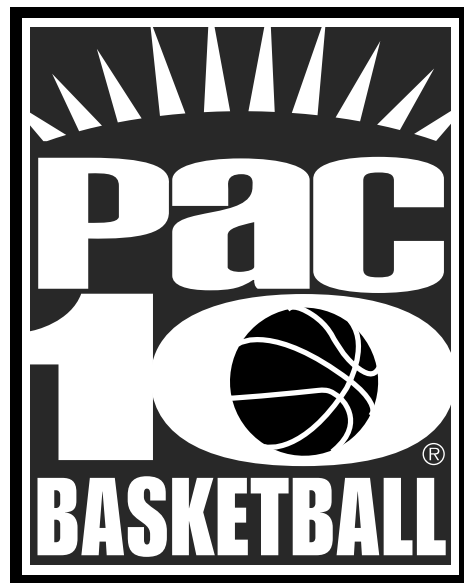
Pacific-10 Conference

The Conference of Champions

Entering the 2004-05 season, the Pacific-10 Conference continues to uphold its tradition as the "Conference of Champions."® Pac-10 members have claimed an incredible 84 NCAA team titles over the past nine seasons, for an average of more than eight championships per academic year.

Even more impressive is the breadth of the Pac-10's success, as those 84 team titles over the past nine seasons have come in 21 different men's and women's sports. The Pac-10 has now led the nation in NCAA Championships 39 of the last 44 years and finished second five times.

Spanning nearly a century of outstanding athletics achievement, the Pac-10 has captured 336 NCAA titles (246 men's, 90 women's), far outdistancing the runner-up Big Ten Conference's 197 titles.



Since the NCAA began conducting women's

championships 23 years ago, Pac-10 members have claimed at least four national titles in a single season on 15 occasions. Overall, the Pac-10 has captured 90 NCAA women's crowns, easily outdistancing the Southeastern Conference, which is second with 60. Pac-10 members have dominated a number of sports, winning 17 softball titles, 15 tennis crowns, nine of the last 14 volleyball titles, 11 of the last 15 trophies in golf and eight of the last 16 in swimming and diving.

Pac-10 women athletes shine nationally on an individual basis as well, having captured an unmatched 428 NCAA individual titles, an average of nearly 19 champions per season.



Even in its infancy, the Pacific-10 Conference played a significant role in the development of women's basketball. California and Stanford squared off at the Page Street Armory in San Francisco for the first women's intercollegiate game in the nation, April 4, 1896. Two weeks later the University of Washington hosted Ellensburg State in Seattle.

League play in the Pac-10 began in 1986-87, combining the NorPac Conference (California, Oregon, Oregon State, Washington and Washington State) with the Western Collegiate Athletic Association (Arizona, Arizona State, Stanford, UCLA, and USC).

The Conference quickly established a reputation as one of the strongest women's basketball leagues in the nation. The Pac-10 sent at least four teams to the NCAA Tournament nine times in the decade of the '90s, and every team in the Conference made a trip to the Big Dance in the '90s.

As the conference entered the new millennium, success has followed. The Pac-10 has sent at least six teams to postseason play (NCAA, WNIT) in five consecutive years. In 2004, the conference sent three teams to the NAAs, led by Stanford's advancement to the Elite Eight.



Pac-10 Leads The Way With Eight NCAA Team Championships

The Pac-10 lived up to its well deserved billing of "Conference of Champions" by capturing 11 NCAA titles during the 2003-04 academic year, more than double any other conference. The Pac-10 total of 11 NCAA titles was followed by the Southeastern Conference, which was runner-up with five NCAA crowns, and the Big Ten, which had four. And it should be noted that the Pac-10 total does not include USC's national championship in football or California's in rugby, as they are not counted as NCAA titles. The 11 titles for the Pac-10 are the most for the Conference since it had 11 in 1997-98.

The women led the way for the Pac-10 with eight NCAA titles, with the men contributing three crowns. UCLA won four NCAA championships, more than any school in the nation, with the titles coming in softball, women's track and field, women's gymnastics and women's golf. Stanford (women's tennis and men's and women's cross country) and USC (women's volleyball and men's and women's water polo) had three titles, and California contributed one (men's golf). In addition, Stanford won its 10th consecutive United States Sports Academy Directors' Cup, with UCLA finishing third, and Washington, California, Arizona, Arizona State and USC all in the top 20.

Following are the 2003-04 NCAA championships broken down by conference:

Conference	Men	Women	Total
Pac-10	3	8	11
Southeastern	3	2	5
Big 10	3	1	4
Atlantic Coast	0	3	3
Big East	2	1	3
Big 12	2	1	3
Mountain West	2	0	2
Big West	1	0	1
Ivy League	0	1	1





WASHINGTON

WSU has 10 colleges and offers 150 majors and options spanning the liberal arts and sciences, as well as architecture, business education, nursing, pharmacy and agriculture, engineering, home economics, and veterinary medicine.

Students from all 50 states and 103 foreign countries attend WSU.

Agriculture

Education

Sciences

Veterinary Medicine

STATE

Business

ICNE
(Intercollegiate Center
for Nursing Education)

Honors

Engineering

Liberal Arts

Pharmacy

www.wsucougars.com

A friendly environment

The Pullman campus straddles College Hill in Pullman, a college town of 26,000 located among the rolling hills of the Palouse region of Eastern Washington. The University is the largest residential university west of the Mississippi, which enhances the friendly, traditional collegiate atmosphere for which WSU is known. WSU is located within easy traveling distance of Spokane and Coeur d'Alene to the north. Seattle and Portland are less than 300 miles to the west.



WSU in the nation

WSU as one of the nation's top 50 public research universities according to *U.S. News and World Report's* 2004 college rankings.

WSU is ranked in the nation's top tier of doctoral/research universities by the Carnegie Foundation for the Advancement of Teaching.

U.S. News and World Report identified WSU's writing across the curriculum program as one of the nation's best, along with Duke and Harvard's programs.

During the past ten years, 90 percent of WSU's student-athletes have earned their undergraduate degrees following completion of their athletic eligibility.

WSU's Edward R. Murrow School of Communication is consistently ranked in the top five nationally by the American Association of Broadcasters.

Students in WSU's College of Veterinary Medicine achieved a 99.6 percent pass rate in the national board examinations in recent years.

WSU alumni are in the top percent of alumni giving among all public universities each year, a measure of alumni satisfaction, says *U.S. News and World Report*.

dedicated to diversity

Washington State University seeks to enrich every student's educational experience through exposure to different cultures, philosophies, and scholarly perspectives. This atmosphere of interchange and inquiry is fostered through programs that can take students around the globe or to a quiet corner on campus for a discussion with a new-found friend offering a different point of view.

Division of Minority Affairs

African American, Asian/Pacific American, Hispanic American, and Native American students find support in each of the ethnic centers. The centers were established to address the academic, cultural, social, and ethnic needs and concerns of minority students. Qualified professional counselors and trained peer mentors are on staff.

The Multicultural Center

At the Multicultural Center, students of all backgrounds share the richness of their cultures and sponsor multicultural programs for the entire WSU community. The Center also serves as a base for academic support and social activity.

WSU is nationally recognized for its extensive program in international education. More than 30 exchange programs; study abroad programs in more than 20 countries; and internships in Europe, Asia, and the Middle East are available.



Mentor Program for Student-Athletes of Color



In creating a multicultural environment in the Athletic Department, this program reflects in part the University's commitment to diversity. A mentoring relationship provides the mentor with the opportunity for providing student-athletes with professional and personal growth, and the satisfaction of assisting students to develop the skills necessary to become successful in all of their endeavors:

This program provides benefits to student-athletes of color by:

- Promoting communication among student-athletes, coaches, and athletic administrators on minority issues
- Providing feedback and insight into Athletic Department issues
- Generating a student-athlete voice within the Athletic Department shaping policies
- Equipping student-athletes with information about what a positive image means on campus
- Improving minority retention and graduation rates by demonstrating an interest in the personal growth of the student-athlete
- Helping student-athletes prepare for transition into college life
- Enhancing interpersonal relationships in the life of the student-athlete
- Helping student-athletes of color build a positive self-esteem
- Helping student-athletes of color make meaningful contributions to their communities
- Helping student-athletes of color realize their academic, athletic, personal and social responsibilities
- Providing a supportive learning environment that encourages academic achievement

Many functions are planned by the Mentor Program to enhance the relationships between student-athletes and mentors. These functions help in informally matching mentors with student-athletes of color naturally who desire to experience a smoother transition into the Washington State University environment.

The ultimate goal of this program for student-athletes of color is to ensure their

graduation from Washington State University and the achievement of a successful sports career. The WSU Athletic Department is committed to producing student-athletes of color who epitomize professionalism.

Milford Hodge
Mentoring Coordinator



notable alumni

WASHINGTON

Notable

www.wsucougars.com



